



## Mustangs Memo

November 4, 2022

**Comprehensive School Health:** Are you making plans for Halloween? Why not get the neighbours and friends together and turn Halloween into Halloween-wicked with some fun and spooky merrymaking? It's time to scare up the perfect games for the most magical, mystical, and ghoulishly delightful Halloween party in town. Active For Life has some great [activity ideas!](#)

**School Photo Retakes:** The Lifetouch photographers are scheduled to return to our school for retakes on Wednesday November 9th. If your child was absent on the days of photos or if you would like them to have their photo taken again, then please make sure that your child knows this so that this can take place.

**Report Cards & Parent Portal Access:** Teachers are currently working on report cards so we have had to turn off the access to grades and comments at this time. You will not be able to access this information in the [PowerSchool Parent Portal](#). Report cards will be released online on Friday December 2nd and you will be able to view them on the [Parent Portal](#) at that time. Thank you for your cooperation and understanding.

**Breakfast Program Looking for Volunteers: *NEW THIS YEAR!*** We are looking for volunteers to help start up and run our Breakfast program for our students. Unfortunately, some of our students come to school with an empty stomach and along with the support of Parkland School Division, we are introducing our Breakfast Program. Once operational with volunteers, students will have the opportunity to grab a light hot breakfast from the kitchen. Service will include items such as toast and jam, bagels, fruit, etc. We are looking for volunteers to come in from 7:30 to 8:30 am on weekday mornings to get the items ready and serve them to the students as they come in from their bus. If you are interested in helping on any of these days, please fill in the form [LINKED HERE](#).

**Dropping off or Picking Up your child at School?:** If you are driving your child to school, then we respectfully ask that you drop them off in either the **Muir Lake Hall** parking lot **or** use the drop off lane and let them out at the **SOUTH** end of the parking lot so that they can use the crosswalk which is monitored by the staff. Please assist us in keeping your children safe by not dropping them off in the middle of the drop off lane.

We also ask that for the safety of all staff and students, that you not drive through the staff parking lot, please use the drive-through lane and the crosswalk at the south end of the parking lot.

For the safety of everyone, we remind everyone that there is to be absolutely **NO PARKING on the side of the highway**. The parking can sometimes get VERY busy, so we appreciate your patience as our top priority is to keep all of our students and staff safe. We have asked the Bylaw officers for assistance with this and we would hate to see anyone be ticketed for parking on the highway or worse yet, for someone to be injured. We thank you for your cooperation with this very extremely important safety matter.

**Remembrance Day Tributes:** Muir Lake School will be holding our annual Remembrance Day Service on Thursday November 10th at 10:15 am and families are invited to participate. Many of us have had friends or relatives who served their country in wartime. We would like to pay tribute to these people by having your child(ren) pin a poppy on our cross during our Remembrance Day Service. Please fill out the form [LINKED HERE](#) to have one of your loved ones honoured at our Service. We respectfully request that you please have this done by Friday November 4th so that we may prepare ahead of time.



**Muir Lake Spirit Wear Fundraiser DATE EXTENDED:** The Foundation Team has launched the first fundraiser of the year and what better way to do it but with school spirit wear? Be part of the Mustangs spirit and order your items today. **The due date for order has been EXTENDED to Saturday, November 5th**, so get your orders in today to ensure a Christmas delivery. Special pick up arrangements can be made to accommodate gift orders. There will be a Show Your School Spirit Day coming in 2023, so get your gear now. Check out our online store with a variety of items here: <https://muirlakefall2022.itemorder.com/shop/sale>.

For additional items available immediately please see the menu on the <https://muirlakeschool.hotlunches.net> website. Items ordered here will be processed every two weeks while supplies last. Should you have any questions, please do not hesitate to contact the Muir Lake School Foundation at [muirlakelunches@gmail.com](mailto:muirlakelunches@gmail.com).



**Bus Driver Recruitment Event:** Have you ever wondered what it is like to drive a yellow school bus? Here is the chance to try it for yourself! Check out the [NEWS ITEM](#) on the [PSD Website](#) for more information.

Transportation Services is assisting with a recruitment event where you can try driving a school bus. So, if you have ever wanted to drive a bus or thought you never could, this is the event for you! Come and give it a try—you'll be surprised just how easy driving a large vehicle can be, plus you will learn more about how rewarding it is to

transport children and youth to/from school. The session is November 14, 2022 at 9 a.m.–3 p.m. It will be held at Memorial Composite High School (50 Westerra Centre, Stony Plain). Please enter near the school's main entrance, park in the student lot and walk over to the bus transfer area located on the southwest side of the school.

**Winter is Here:** It is looking & feeling like Winter is upon us and probably here for the duration. With the snow comes the colder weather, especially in the morning! Please ensure that your child is dressed appropriately. Updates on the buses and whether or not they are running can be found on the PSD Website at <https://www.psd.ca/transportation/bus-status>, we encourage you to check there if you have any questions.



**Spruce Grove Saints Hockey Tickets Draws:** In partnership with Thompson Construction Group we are proud to announce the Saints School Program. The Saints School Program have given 24 schools in the Parkland Area access to four (4) season ticket packages for the 2022-23 season. It's very simple – Thompson Construction Group has generously purchased these season ticket packages to help give families and school employees the opportunity to come watch the Saints play at the Grant Fuhr Arena this season.

Muir Lake School would like to take this opportunity to thank Thompson Construction Group and The Spruce Grove Saints Hockey Club for their generosity to not only our school, but the 23 other schools and families that will benefit from this donation.

Muir Lake School would like to “Pay It Forward” by offering our families the opportunity to put their names forward if they would like any of the tickets to the games. To do so, simply check off the dates listed below that you would like your name put in a draw for the tickets. Pick as many or as few as you would like. This does not guarantee that you will get the tickets, just that you will be entered into the draw for them.

Each set of tickets is for 4 people. Games are all at 7 pm and are played at Grant Fuhr Arena in Spruce Grove. We will draw for the 4 tickets the week before the game and contact the lucky winner. We only ask that if you receive tickets and are unable to use them, that you return them to us so that we can forward them to another family that will be able to enjoy the game. To enter the draw please visit [THIS LINK](#) or go directly to <https://bit.ly/HockeyDraw> and fill it in accordingly.

**Kinsmen Christmas Hampers:** Muir Lake School is participating in the Kinsmen Christmas Hamper collection program again this year. Each grade level in the school has been assigned a family to assist this year. Please check the info [LINKED HERE](#) to find out the ages of the families that your class has been assigned to help this year. This info is also attached at the end of this newsletter. **UNWRAPPED** donations can be sent in to your class during the month of November and they will be picked up at the beginning of December. Thank you for your support in this program that helps so many families.

**PSD Stronger Together - Family Supports:** October is ADHD awareness month. It is important for all of us to understand ADHD and how it impacts our families, friends and co-workers. The newsletter [LINKED HERE](#) is full of activities to keep our kids involved, lots of free ideas, education sessions for parents and caregivers and access to free supports. Please reach out to Vicky & Dena if you would like more information or help in connecting to community resources, they are there to support your family. [CLICK HERE](#) for more information on the upcoming Strong Families session hosted by PSD.

**Busing:** If you are picking up your child from school and they will NOT be taking their regular bus home, please notify the driver, teacher, or school office so that the driver is not looking for them at the end of the day and delaying the departures of the buses.

**Guest Bus Riders:** There are to be absolutely **NO GUEST RIDERS** on any of the school buses. This is a huge safety concern should that bus ever be involved in an accident. If your child is having a friend visit after school then a parent will have to pick them up at the end of the day. **NO EXCEPTIONS.**

**Attendance Calls:** If your child(ren) is not in attendance, please be sure to either call (780) 963-3535 and press 1 to access the attendance mailbox OR email the office at [MuirLake@psd.ca](mailto:MuirLake@psd.ca), stating when and why your child will

be away. If the office does not know why students are away then the fan-out message will automatically go out as they will be marked as absent with an unknown reason.

**If Your Child is Ill:** We encourage anyone who is feeling ill to stay home from school. If you are exhibiting any of the key symptoms known for COVID-19, we encourage you to access one of the many test kits that are also available at the school. Meanwhile, PSD will continue the following:

- Hand sanitizer will still be readily available at all schools,
- Students will continue to be reminded of the importance of thorough hand-washing hygiene,
- School staff will ensure that appropriate cleaning of high touch areas will continue,
- The frequency at which air filters are changed in PSD has also been increased and air handling/ventilation equipment in all schools has been adjusted to maximize the number of air exchanges within the schools.
- All schools will operate filtration systems that meet or exceed the Minimum Efficiency Reporting Values (MERV) 13 air filtration rate, and
- Where practical, entrances and exits can be used to efficiently reduce crowding during high traffic times of the day.

Should you require test kits or masks, please contact the school office by email at [MuirLake@psd.ca](mailto:MuirLake@psd.ca) or by phone at 780-963-3535.

**School Fees:** Statements for the 2022 2023 school year fees were sent out via email, if you did not receive it then check your junk mail or let the office know. Upon receipt, fees can be paid online by debit or credit card through our [PowerSchool Parent Portal](https://powerschool.psd.ca/public) at <https://powerschool.psd.ca/public> or by cash or cheque payable to Parkland School Division (PSD). These school fees are due in to the office by the end of September. If for some reason you are unable to pay the fees right away arrangements may be made by calling Andy Fuñe at 780-963-3535.

**Food for Thought:** We all know that children learn better on a full tummy. We have a fridge outside our office - "The Nutrition Nook" - that is stocked with healthy snacks and food for the students. Kids can access it at any time during the day and out of consideration to everyone's privacy, staff will not be monitoring who uses it.

**Fair Notice - Violent Threat Risk Assessment:** The goal of Violence/Threat Risk Assessment (VTRA) process is that every incident of youth violence in our communities be addressed. VTRA is early intervention – which is quite possibly prevention. The process is initiated and managed by school administrators who have received VTRA training from the Center for Trauma Informed Practices. For more information, please visit our [PSD website](#) and read the news article [LINKED HERE](#).

**School Council:** All parents and guardians are invited to attend our next **VIRTUAL** School Council meeting on Tuesday, November 22nd at 7 pm. Please click the [LINK HERE](#) to add your name to receive the School Council Google Meet Link. Meetings will be held on the third teaching Tuesday of the month except for December and June. We hope to see you there.

**Lunch Program is Back!!** We are excited to be providing the staff and students of Muir Lake School with hot lunch this year. We will be offering hot lunch on Mondays and Thursdays and will provide a wide variety of homemade and delicious menu options that are prepared fresh daily and with quality ingredients. For more information on the program open [THIS DOCUMENT](#).

**Canceling a Hot Lunch:** Just a quick reminder that If your child will not be at school and you have ordered a hot lunch, please email [info@bitetoeat.ca](mailto:info@bitetoeat.ca) to cancel their lunch. Please be sure to include your child's name and which school they attend. To receive a credit for the meal, you must notify us by 12pm noon the day before delivery. We

will accept late hot lunch cancellations, but no credit will be given. Please note that we cannot give away lunches to other students if you do not notify us that your child will be absent.

**PSD Domain and Email Addresses:** You may have noticed that Parkland School Division has a new look; a new logo as well as a new domain name. You can now find Parkland School Division at <https://www.psd.ca> and Muir Lake School's new website URL is <https://muirlake.psd.ca>. With the domain name change came new email addresses. An easy way to find your child's teacher's email address is on our school website at <https://muirlake.psd.ca/about/staff-directory>, but our new address format is as follows: ***firstname.lastname@psd.ca***. Please adjust your email address books accordingly as eventually the mail-forward feature will end.

Thank you, should you have any questions, please feel free to contact the school at 780-963-3535 or via email at [MuirLake@psd.ca](mailto:MuirLake@psd.ca).

Muir Lake School Admin Team



## Kinsmen Christmas Hampers

Again this year, our school is sponsoring families through the Kinsmen Club of Stony Plain Christmas Hamper program. The Hamper Program helps those that are less fortunate in Stony Plain and Parkland County. Last year over 2000 residents were supplied with food, toys and gift cards for much needed necessities and they are expecting an increase this year.

Each grade level in the school has been assigned a family. It is our hope that we will be able to make Christmas a happier time for these families through our community's generosity.

To comply with COVID-19 protocols, the Kinsmen is NOT asking for non-perishable food items, but these items will be forwarded to the Parkland Food Bank should you wish to donate them.

For information on how to make a cash donation or to see a list of Gift Donation Ideas simply go to the Kinette Club of Spruce Grove Website @ <https://www.sgkinettes.ca> that is [LINKED HERE](#).

Items donated ***should not be wrapped*** and should be in to the school **before Friday, December 9th**.

Thank you for your part in making Christmas brighter for these families!

**Kindergarten – Ms. LeDressay & Mrs. Cattroll**

**Family #1**

1 adult female & 1 adult male  
2 girls ages 7 & 14

**Gr. 5 – Mrs. Gadoury & Mrs. Rich**

**Family #6**

1 adult male  
1 girl age 13  
3 boys ages 8, 10 & 16

**Gr. 1 – Ms. Douglas, Mrs. Lee, & Mrs. Priddle**

**Family #2**

1 adult female & 1 adult male  
2 girls ages 5 & 10  
2 boys ages 3 & 4

**Gr. 6 – Mrs. Arnold & Ms. Wayken**

**Family #7**

1 adult female  
1 girl age 8  
2 boys ages 14 & 16

**Gr. 2 – Mrs. Pugh & Miss Sanders**

**Family #3**

1 adult female & 1 adult male  
3 girls ages 4, 9, & 15

**Gr. 7 – Ms. Garrison**

**Family #8**

1 adult male  
1 girl age 12  
2 boys ages 2 & 13

**Gr. 3 – Mrs. Knowles, Mr. Opatril, & Mr. Solomon**

**Family #4**

1 adult female & 1 adult male  
1 girl age 11  
3 boys ages 1, 6 & 9

**Gr. 8 – Miss Hong**

**Family #9**

1 adult female & 1 adult male  
1 girl age 2  
1 boy age 5

**Gr. 4 – Ms. Maser & Mr. Sherington & Mr. Hudson**

**Family #5**

1 adult female & 1 adult male  
3 boys ages 7, 12 & 14

**Gr. 9 – Mr. Brown & Mr. Shaw**

**Family #10**

1 adult female  
1 girl age 1  
2 boys ages 11 & 15





## **STONY PLAIN AND WEST PARKLAND**

# **CHRISTMAS HAMPERS 2022**

**THANK YOU** to the students and their families, and all staff at the local area schools that support the Christmas Hamper program in Stony Plain and west Parkland. For the 44<sup>th</sup> year, the Stony Plain Kinsmen and volunteers are working to make Christmas brighter for local families struggling with a limited income. Our goal is to support families in need with food and gifts for the holidays. Last year, with your help, we assisted 697 families in our area and supported over 2000 residents! We anticipate a significant increase this year.

We will continue with the changes to the Christmas Hamper program made in recent years. We will NOT be asking for non-perishable food items. If you do receive food donations, we will be happy to take them to the Parkland Food Bank for you. We will collect monetary donations, gifts, and local grocery store gift cards to 'upsized' the Parkland Food Bank's December hampers for all clients. We will continue to run the gift portion of the program as usual and will collect and distribute gifts and gift cards to children 17 and under.

To ensure a diverse selection of age-appropriate gifts, we are asking for donations of new, unwrapped gifts or gift cards that are based on gender and age. For children 10 and older, gift cards are ideal. Please refer to <https://www.stonyplainkinsmen.ca> for additional information and gift ideas. Last year, we provided gifts to 837 children in our area!

**THANK YOU** for your incredible support of local families at Christmas. Best wishes for a safe, happy, and healthy holiday season!

Sincerely,  
The Kinsmen Club of Stony Plain

**GIFT IDEAS (Children 9 and under)** • Lego Games • Stuffed animals • Puzzles • Sports equipment • Barbies • Monster High • Disney Princess • Little People • Super Heroes • Thomas the Train • Hot Wheels • Craft kits • Dolls • Other popular children's toys. Please do not send "weapon" toys.

**LOCAL GIFT CARD IDEAS (Children 10 and over)** • Red Apple Store • Superstore • Wal-Mart • Landmark Cinemas • Canadian Tire • Michaels • Sport Chek • Winners • Chapters Indigo