



Mustang Memo



September 13th, 2024

Today's Top Stories



BAND

We are reaching out to share an exciting opportunity for our Junior High students in Parkland. If your child previously participated in band or would like to give it a try, High Park School's Band Director Emily Schultz is inviting Junior High students to join in. Band runs as an afterschool opportunity that starts at **3:20pm and runs to 4:30pm every Wednesday.**

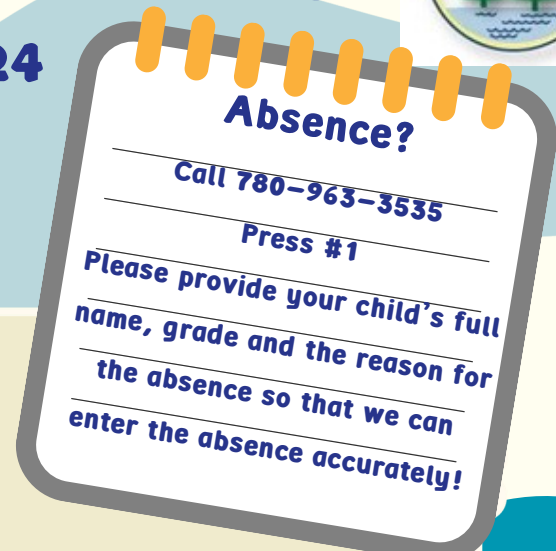
Please see the attachment [HERE](#) for more information and click [HERE](#) to access the sign up form.



Orange Shirt Day September 27th – click [HERE](#) for information on Orange Shirt day

School Council – We will be having our first meeting of the year this coming Tuesday, **September 17th at 6:30pm.** We welcome everyone to attend in person in the School Library or virtually at this [LINK](#). We hope for a quick meeting and encourage anyone attending in person to also attend our Muir Lake Foundation Meeting at 7:00.

Muir Lake Foundation AGM–September 17th at 7:00pm at Muir Lake School We welcome and invite everyone interested in learning more about The Muir Lake Foundation or in joining the board to come join us.



 **PLANNING HAS BEGUN FOR...**

SUN RUN

**APRIL 27, 2025
VANCOUVER, BC**

SCAN ME



Planning has begun for the 2025 Vancouver Sun Run. This run is open to all students in grades 7-9. If your child expressed interest, you should have received an email from Mrs. Pugh this week. If you want more info, scan the QR code and complete the Google Form.



High Park School is Proud to Host the

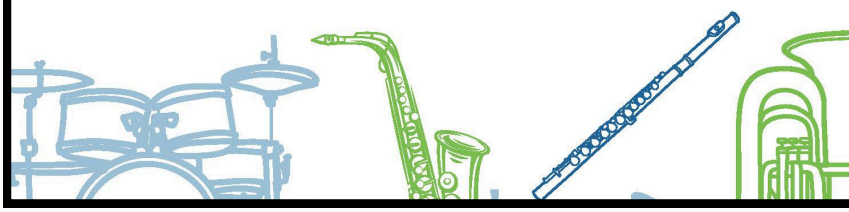
Parkland Junior High Band

For Parkland School Division
Students in Grades 7-9

First Practice - Wed. Sept. 18, 2024 at 3:20pm
High Park School

Are you interested in learning how to play an instrument and joining an after school band? High Park's Band Director Emily Schultz is thrilled to welcome students from across Parkland.

Please see the attached letter for more information.

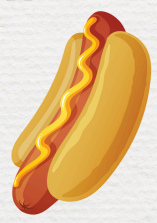


OCTOBER 2 WEENIE WEDNESDAY

HOT DOG LUNCH



- HOT DOG
- JUICE BOX
- CHIPS



\$5.50

LOG INTO YOUR LOT LUNCH ACCOUNT TO ORDER YOURS TODAY!
ANY QUESTIONS, PLEASE EMAIL

MUIRLAKELUNCHES@GMAIL.COM

ALL FUNDS GO TO THE REMAINING OUTSTANDING
BALANCE OF THE PLAYGROUND



Terry Fox Run!!

Our annual Terry Fox run will be held in the afternoon of **September 19th**

We will be collecting "Toonies for Terry" this week
September 16th - 20th

Please checkout our fundraising page

HERE





SIGN UP!

Parent/Teacher Interviews

Parent/Teacher Interviews for the school are set for

Wednesday October 9th from 4 to 7

and Thursday October 10th from 3 to 6 pm.

For all of our grade 1 to 9 students, parents will be asked to book a ten minute interview with their child's teacher. We ask that families be respectful of the time that has been allotted to each and be on time for the interview and not go over the 10 minutes.

Kindergarten and Nature Kindergarten parents and students are invited to take part in the Student Led conferences. Three families will be booked for each 20 minute time slot. Students will show their parents around the class and each family will have private time with the teacher. Ms LeDressay will be available on both Wednesday and Thursday whereas Mrs McBride–Matheson is only available on Wednesday. Again, we ask that families be respectful of the time allotment for their interview.








Appointments can be booked online through our online system at

<http://murlake.schoolappointments.com>. Please note that even though you may have had an account with School Appointments last year, you will need to re–create your account. Information is cleared each year as the students and teachers change from year to year. Instructions on how to navigate the interview system are **[LINKED HERE](#)**.

Please make sure that you have your booking made **BEFORE Tuesday October 8th** at 8:00 pm as this is when the system shuts down so that teachers can prepare for their interviews.

September

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1	2 	3	4	5	6	7
8	9	10	11	12 	13	14
15	16	17	18	19 	20  PD Day No School	21
22	23	24	25	26 	27 	28
29	30  National Day for Truth and Reconciliation No School	31				

Important Dates - September

September 17th: Muir Lake Foundation AGM @7:00 at Muir Lake School

September 19th: Terry Fox Run

Cross Country Running at Woodhaven Middle School @ 4:30

September 20th: PD day - No School

September 26th: Cross Country Running at Duffield School @4:15

September 27th: PSD's Orange Shirt Day

September 30th: National Day for Truth and Reconciliation - No School

Lunch Program is Back!!

Bite to Eat is excited to begin another year of hot lunch service to Muir Lake students. Deliveries are on Mondays & Thursdays

Hot Lunch for October is **due September 25th**

Access code is MLHL

Click below to order. Instruction to sign up are on the link. Any questions or concerns please contact info@bitetoeat.ca



Order Here!



Mobile Devices in School

In June Of 2024 the Minister of Education announced new standards regarding the use of personal mobile devices during instructional time. The standards will take effect the beginning of this school year.

A brief news release can be found [here](#) and you can read the full Ministerial Order here



[Standards for the Use of Personal Mobile Devices and Social Media in Schools](#)

Muir Lake Out of School Care

6:30AM–8:00AM

2:35PM–6:00PM

Kindergarten non–school days NOT included.

\$550/Month includes PD Days, Spring Break, Fall Break

\$425/3 day Kindergarten

CLOSED for the Summer

Please call (825)977–6607 for more information or to book your tour today.

Email: muirlakeosc@gmail.com





Cross Country Running Club

When and Where?

September 19: Woodhaven Middle School at Brookwood School

September 26: Duffield School

October 3: High Park School

October 10: Ecole Meridian Heights

October 17: Prescott Learning Centre (@ Jubilee Park)

When Exactly? Races begin at 4:15 pm, starting with the youngest runners. Please arrive by 4:00 pm. Parents of students in grades K–4 are required to accompany their child to their running location and they must stay and supervise their child in that location. This year, the cross country coaches are Mr. Shaw and Mrs. Rich. Please find one of them as soon as you arrive at the race location. Your coaches will make sure you are signed in and have the correct name and race category label. Parents, you are welcome to leave after your child's race, or feel free to stay and cheer on other Muir Lakers.

Who? Any child from Grade K–9. Parents are responsible for all transportation.

What? Runners compete against children of the same gender and year of birth (eg. girls, 2017). The races are through trails or an established route through a schoolyard. It is considered to be an accomplishment just to finish the race; some medals and ribbons are given out to the fastest runners.

- Born 2017–2019 runners run 800 m,
- Born 2013–2016 runners run 1000 m
- Born 2010 and older runners run 2000 m.

Cost? \$5.00 for each race registered. Fees cover costs of medals, ribbons etc.

Parents are asked to fill out the registration form online and submit payment ONLINE by September 6, 2024 to register for each race that your child(ren) would like to participate in.

Click [here](#)

for the full information and consent form.

Coming in October!



To all of our
amazing
teachers,
**THANK
YOU!**



World Teachers' Day | October 5



**THANK
YOU**
for being the heart
of our facilities.



Custodial & Maintenance Workers Appreciation Day | October 7



**Celebrating
literacy and
our dedicated
library staff.**

Canadian School Library Day | October 21

**2024-2025
KIDS GET IN FREE!**

COURTESY OF **THOMPSON** CONSTRUCTION GROUP *Myshak* GROUP

HOME OPENER SEPT 20TH VS. PENTICTON

FULL SCHEDULE HERE

All kids 12 and under receive free walk-up admission for any 2024-25 regular season home game.
*Must be accompanied by an adult.



General Information

Parking at School Safely: If you are driving your child to school, then we respectfully ask that you drop them off in either the Muir Lake Hall parking lot or use the drop off lane and let them out at the NORTH and SOUTH end of the parking lot so that they can use the crosswalk which is monitored by the staff. For the safety of everyone, we remind everyone that there is to be absolutely NO PARKING on the side of the highway. Please do not use the staff parking lot for drop off, the parking lot can get VERY busy, so we appreciate your patience as our top priority is to keep all of our students and staff safe.

Visiting the School: If you are at the school for any reason, please check in at the office.
Morning Supervision: Staff will begin supervision at 7:45am so we respectfully request that you do not drop your children off until after this time. Students will remain outside until the bell rings at 7:55 am, then at this time they will make their way to the classroom through their designated doors. If they arrive ANY time after 8:00 am they are required to go to the office through the front door to obtain a late slip.

Attendance Calls: If your child(ren) is not in attendance, please be sure to either call (780) 963-3535 and press 1 to access the attendance mailbox OR email the office at MuirLake@psd.ca, stating when and why your child will be away. If the office does not know why students are away then the fan-out message will automatically go out as they will be marked as absent with an unknown reason.

School Fees: Statements for the 2024-2025 school year fees will be going out via email soon, if you do not receive it then check your junk mail or let the office know. Upon receipt, fees can be paid online by debit or credit card through our PowerSchool Parent Portal at <https://powerschool.psd.ca/public> or by cash or cheque payable to Parkland School Division (PSD). If for some reason you are unable to pay the fees right away arrangements may be made by calling Andy Fuñe at 780- 963-3535.

Fair Notice - Violent Threat Risk Assessment: The goal of Violence/Threat Risk Assessment (VTRA) process is that every incident of youth violence in our communities be addressed. VTRA is early intervention - which is quite possibly prevention. The process is initiated and managed by school administrators who have received VTRA training from the Center for Trauma Informed Practices. For more information, please visit our PSD website and read the news article LINKED HERE.



Food Programs

Food for Thought: We all know that children learn better on a full tummy. We have a cooler inside our office that will be stocked with healthy snacks and food for the students. They will be able to access it at any time during the day and out of consideration to everyone's privacy, staff will not be monitoring who uses it.

**In keeping with Parkland School Division's commitment to student success and well-being, we are once again working to promote healthy eating and create a positive food environment for all students.

We would like to acknowledge the **President's Choice Children's Charity Power Full Kids program in providing support for food security at Muir Lake for the 2024 – 2025 school year.****



Breakfast Club — We have started our Breakfast Club for the year and it is busy! Breakfast club is for everyone! We know that mornings can be busy. Every morning starting at 7:45 till 8:00 our kitchen is serving up toast and other healthy options. We are always looking for more volunteers to help the program run smoothly. Reach out if you are available during these times to help out at christine.ellert@psd.ca.

Lunch Program is Back!! Bite to Eat is excited to begin another year of hot lunch service to Muir Lake students. Deliveries will again be on Mondays & Thursdays.