



Mustang Memo



February 4th, 2025

Today's Top Stories

SPECIAL
Guest Speaker

School Council Meeting Special Guest

This month at our School Council Meeting we have a special guest speaker, Gail Lewis – The Director of Transportation! Do you have any questions or concerns about bussing? Join us February 18th at 7:00 pm in person at the school or virtual, by clicking [HERE](#).



Absence?

Call 780-963-3535

Press #1

Please provide your child's full name, grade and the reason for the absence so that we can enter the absence accurately!

Class starts at 8:00 AM

Breakfast Club Volunteers Needed!



We can always use more Breakfast Club volunteers! Sign up for as much or as little as you would like! Shifts are 7:15 am to 8:15 am. Kids are welcome to come with!

Email: muirlake@psd.ca

REGISTRATION

NEXT MONTH

Online Registration/Verification for 2025-2026

The annual online registration/verification process **begins February 10, 2025**, and must be completed for all students (Pre-K to Grade-12). The registration/verification process is conducted exclusively online.

Registration is for **new PSD** students or returning Evergreen & private school students requiring busing.

Verification is for **returning** PSD students.

During the registration process, **you must select the 2025-2026** school year to register for the upcoming school year.

To ensure that their child receives a bus pass prior to the start of the next school year, parents are required to **complete registration by 4:30pm on Friday, March 28, 2025**. This deadline will facilitate the routing of buses, bus pass production and data verification before the summer break while schools are still operating.



Join Our Facebook and
Instagram!!
Click these links!



Please remind family
members that donations
are made in US
\$\$\$

MUIR LAKE'S FIRST EVER READ-A-THON



Read-A-Thon

Read-A-Thons get your reader **excited** about reading and it gives friends and family the opportunity to encourage your child to read even more!

Our Read-A-Thon starts **Monday February 3, 2025** and ends **February 28th** and is sure to be a fun and exciting event!!

We understand that your time is valuable. We also know that providing the best education for your child is important. That's why we are encouraging everyone to activate their student's Read-A-Thon account as soon as possible. The instructions are straightforward, making it quick and hassle-free, and it should take less than 5 minutes of your time.

Watch a short video to see how to **signup** your reader:

Click [HERE](#)

This account will serve as a hub for recording and monitoring your child's progress as a Reader in the event, and for you to share their Read-A-Thon message with friends and family. Use the link below to **activate** your student's Reader account:

Click [HERE](#)

ALL FUNDS ARE IN USD!!! The amount you sponsor is in USD, but we will also get paid in USD

The funds raised with our Read-A-Thon are going to be used throughout the whole school.



**We hope EVERYONE participates.
Thank you so much!
Muir Lake School**





HELLO January



FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 	5 Information Night for Nature Kindergarten and Kindergarten Enrichment 5:00pm – 6:00 pm 	6 Teacher Conference No School	7 Teacher Conference No School	8
9	10	11  Winter Walk Day 	12 Kindergarten Open Houses 6:00pm – 7:00pm 	13  Valentine's Dance for 7-9 	14 Professional Development Day (no students attend)	15
16	17 Family Day (no school) All Day	18  School Council Meeting 7:00 pm Join in person or virtually HERE	19 Nature Kindergarten & Nature Enrichment Open House 6:00pm – 7:00pm 	20	21	22
23 	24	25 	26 Pink Shirt Day 	27	28	

MCHS

Open House

AND FIRST-TIME PARENT INFO MEETING

FEBRUARY 13, 2025

5:30 PM – 8:00 PM
50 WESTERRA CENTRE
STONY PLAIN






Check out these other Community Newsletters!

Weaving Indigenous Ways of Knowing
Parkland School Division January Stronger
Together Newsletter



CASINO



**VOLUNTEERS
NEEDED**

Good Day,

Muir Lake School Foundation has been awarded a CASINO opportunity for March 18 & 19, 2025 at Century Casino in St. Albert. Casinos are our major source of funding for us and come around once every 2.5 – 3 years. With our playground build, we depleted our funds available to help with future projects. We are currently filling the following 26 positions (first come, first served):

***Banker *Cashier**

***Cashier *Chip Runner *Count Room**

On top of helping Foundation to secure casino funds for future projects at our school, each volunteer shift will be awarded credits to use for Hot Lunch purchases. Daytime shifts are from 11 am – 7 pm and night shifts are from 6:45 pm – 2:15 am where you will earn \$75 per shift. Limited late night shifts 11:00 pm – 2:30 am are also available where you will earn \$50 per shift. Casino workers also receive food credits to be used during their shift. Please email muirlakelunches@gmail.com as soon as possible if you are interested in filling one or more shift opportunities

Or please see our Google Doc to sign up for a shift.

Sign Up Sheet



**** Multiple family members are able to work for family credits, you may also fill multiple shifts as long as not on the same day ****

Thank you for helping us to fill these slots!

Foundation Team



SUN RUN FUNDRAISING!!

SUN RUN CONCESSION WEDNESDAY!

RECESS 11:15- 11:45:

Grades 5-9 concessions will be run out of the **door in the grades 1-3 hallway** in order to keep the gym available for recess.



LUNCH 11:45-12:05:

K-4 concessions will be run out of the door in the grades 1-3 hallway **AND** the gymnasium window.

**Concession will be
running on
Wednesdays!**



Counselor's Corner



Bullying is unwanted and aggressive behavior that is typically repeated overtime. According to a survey the majority of Canadian youth aged 12 to 17 (71%) reported experiencing at least one form of bullying in the past twelve months (CHSCY, 2019). To effectively prevent and respond to bullying requires that we understand the difference between peer conflict and the more serious problem of bullying.

In today's world we often label any type of aggression or disagreement as bullying. However, it is important to remind ourselves that all bullying is mean, but not all mean behavior is bullying. Bullying is different from conflict. Conflict is disagreement between two or more people who have different beliefs, goals, and desires. On the other hand, bullying is when someone aggressively uses their "power" to target another individual with repeated, unwanted words or actions. Those targeted are hurt either physically or emotionally and have a hard time stopping what is happening to them. While conflict is a natural and inevitable part of life, bullying is never okay! As parents and caregivers, it is natural to worry about bullying as we all want our children to feel happy and safe. The good news is you are not alone! In Muir Lake School we take bullying seriously and our staff members are here to work with children and families to help keep children safe at school. As a parent or caregiver, you have a significant role to play in guiding and supporting your child through their school years and there are many positive steps you can take to help keep your child safe from bullying and harm and supporting them to resolve conflict in a healthy way. There are a few resources we are sharing with you please feel free to explore these resources. And remember we are in this together!!

Sharmin Shabnam (MSW, RSW)

School Counselor
Muir Lake School



Resources to explore:

Conflict vs. Bullying: What's the Difference?

<https://www.psychologytoday.com/ca/basics/bullying>

<https://www.nationwidechildrens.org/family-resources-education/health-wellness-and-safety>

[resources/helping-hands/bullying-information-for-parents](#)

https://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/Bullying_Resource_Center/Home.aspx

<https://www.additudemag.com/how-to-make-friends-a-guide-for-kids-with-adhd>

Kindergarten

2025 / 2026

Information Night for Nature Kindergarten and Nature Enrichment

February 5th
5:00 – 6:00

We will be having an information presentation about our nature programs. Children are welcome but this presentation is geared for parents.

Kindergarten (regular)

Open House

February 12th
6:00pm – 7:00pm

Ms. LeDressay looks forward to meeting you and answering any questions! Come and experience the magic of learning and play. From creative activities to foundational educational experiences, your child will embark on a journey filled with curiosity and joy.

Nature Kindergarten and Nature Enrichment Open House

February 19th
6:00pm – 7:00 pm

Come and experience what our Nature programs are all about! We look forward to meeting you!

Lunch Program is Back!!

Bite to Eat is excited to begin another year of hot lunch service to Muir Lake students. Deliveries are on Mondays & Thursdays

Access code is MLHL

Click below to order. Instruction to sign up are on the link. Any questions or concerns please contact info@bitetoeat.ca

Order [Here!](#)



Muir Lake Out of School Care

6:30AM-8:00AM

2:35PM-6:00PM

Kindergarten non-school days NOT included.

\$550/Month includes PD Days, Spring Break, Fall Break

\$425/3 day Kindergarten

CLOSED for the Summer

Please call (825)977-6607 for more information or to book your tour today.

Email: muirlakeosc@gmail.com





General Information



Parking at School Safely: If you are driving your child to school, then we respectfully ask that you drop them off in either the Muir Lake Hall parking lot or use the drop off lane and let them out at the NORTH and SOUTH end of the parking lot so that they can use the crosswalk which is monitored by the staff. For the safety of everyone, we remind everyone that there is to be absolutely NO PARKING on the side of the highway. Please do not use the staff parking lot for drop off, the parking lot can get VERY busy, so we appreciate your patience as our top priority is to keep all of our students and staff safe.

Visiting the School: If you are at the school for any reason, please check in at the office.

Morning Supervision: Staff will begin supervision at 7:45am so we respectfully request that you do not drop your children off until after this time. Students will remain outside until the bell rings at 7:55 am, then at this time they will make their way to the classroom through their designated doors. If they arrive ANY time after 8:00 am they are required to go to the office through the front door to obtain a late slip.

Attendance Calls: If your child(ren) is not in attendance, please be sure to either call (780) 963-3535 and press 1 to access the attendance mailbox OR email the office at MuirLake@psd.ca, stating when and why your child will be away. If the office does not know why students are away then the fan-out message will automatically go out as they will be marked as absent with an unknown reason.

School Fees: Statements for the 2024-2025 school year fees will be going out via email soon, if you do not receive it then check your junk mail or let the office know. Upon receipt, fees can be paid online by debit or credit card through our PowerSchool Parent Portal at <https://powerschool.psd.ca/public> or by cash or cheque payable to Parkland School Division (PSD). If for some reason you are unable to pay the fees right away arrangements may be made by calling Andy Fuñe at 780- 963-3535.

Fair Notice – Violent Threat Risk Assessment: The goal of Violence/Threat Risk Assessment (VTRA) process is that every incident of youth violence in our communities be addressed. VTRA is early intervention – which is quite possibly prevention. The process is initiated and managed by school administrators who have received VTRA training from the Center for Trauma Informed Practices. For more information, please visit our PSD website and read the news article [LINKED HERE](#).



Food Programs



Food for Thought: We all know that children learn better on a full tummy. We have a cooler inside our office that will be stocked with healthy snacks and food for the students. They will be able to access it at any time during the day and out of consideration to everyone's privacy, staff will not be monitoring who uses it.

**In keeping with Parkland School Division's commitment to student success and well-being, we are once again working to promote healthy eating and create a positive food environment for all students.

We would like to acknowledge the **President's Choice Children's Charity Power Full Kids program** in providing support for food security at Muir Lake for the 2024 – 2025 school year.**



Breakfast Club – We have started our Breakfast Club for the year and it is busy! Breakfast club is for everyone! We know that mornings can be busy. Every morning starting at 7:45 till 8:00 our kitchen is serving up toast and other healthy options. We are always looking for more volunteers to help the program run smoothly. Reach out if you are available during these times to help out at christine.ellert@psd.ca.